



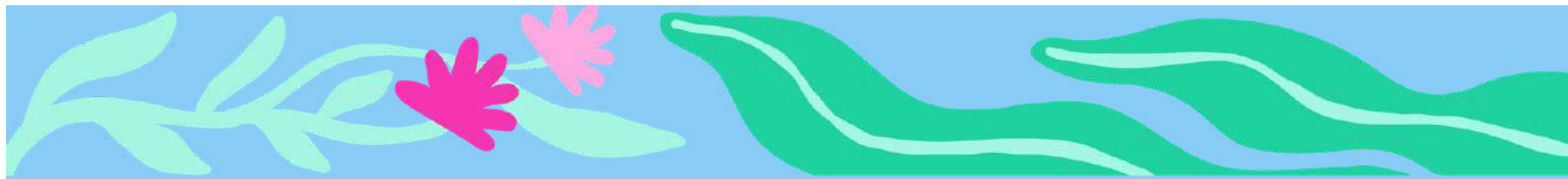
ST DAY & CARHARRACK PRIMARY SCHOOL

NEWSLETTER

September 2026

Headteacher: Susannah Storey

email: secretary@st-day.cornwall.sch.uk



Vision and Values

We are the **CHANGE-MAKERS** of OUR WORLD!

ENJOYING, ENGAGING, EXCELLING

Happy, healthy children, **enjoying** learning for life - surrounded by kind, respectful relationships and **engaging** in rich learning experiences. **Together** we will enable and encourage **ALL** our children to discover their unique gifts of character, talents and abilities. Our children will enthusiastically contribute to society, **excelling** in all they choose to do. They will communicate confidently, listen openly, think critically and question respectfully – our children will be the responsible **Change-Makers of Our World**.

LIVING OUR VALUES

ENJOYMENT

Laughing - Loving - Learning

ENGAGEMENT

Communicating - Collaborating - Contributing

EXCELLENCE

Be your best - Be even better - Be brilliant



A message from Ms Storey



What a great start to the year! We have welcomed new children and families, settled in to new learning environments and started our exciting learning topics. All while welcoming a range of visitors, representing our school in sporting events and sharing learning with you all during our open afternoon thank you to you all for attending! Our children never fail to amaze me - their kindness, understanding and support of each other is incredible - and it is because of these qualities that the opening of our new Oasis Dowr provision has been such a success - with everyone feeling they are part of our whole school community.

Take some time to enjoy our monthly newsletter. There is so much learning to celebrate already! Please see the calendar leaflet for key events over the year - a paper copy has been sent home. We hope to see many of you for Harvest and dressed up for 'Hello Yellow'!

News from around the school - Opal Class



News from around the school- Opal Class



★ What a wonderful start to the school year! ★

We've had such a lovely start to the new school year- living our values of Enjoy, Engage and Excel! The children have been settling into their new routines, exploring their new surroundings and making lots of happy memories along the way. There have been plenty of smiles, fun, learning and new experiences already — we're so proud of how brilliantly everyone has settled in!



News from around the school - Opal Class



Author Visit- Channon Gray

We were delighted to welcome **Channon Gray** to our school for a wonderful author visit! Channon shared her lovely books exploring emotions and introduced the children to the different '**Scribble Emotions**'.

The children particularly enjoyed listening to *The Calm Scribble* and thinking about what calm feels like for them. Afterwards, they had the opportunity to create their very own **feeling scribbles**, using colours to express their emotions.

A huge thank you to Channon for inspiring us and sharing her wonderful books with us!



News from around the school - Emerald Class

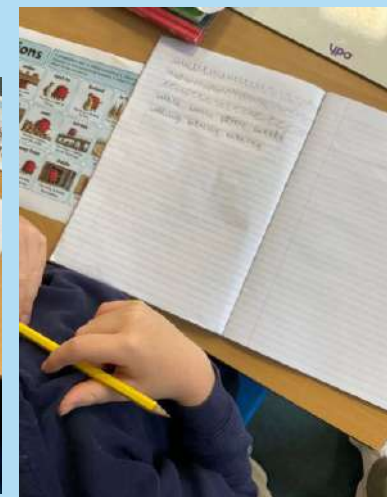


We've had a fantastic first few weeks in Emerald Class! It has been lovely to get to know the children through a shared love of learning as we embark on our 26-27 learning journey together.

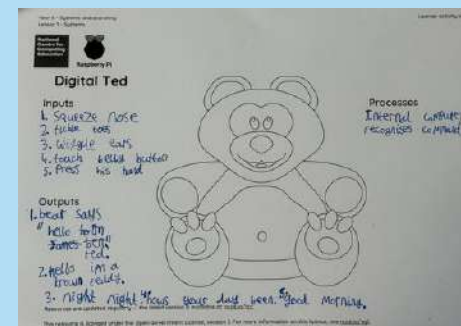
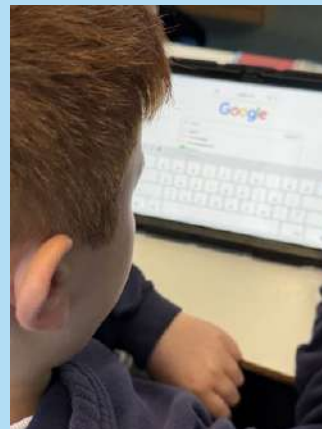
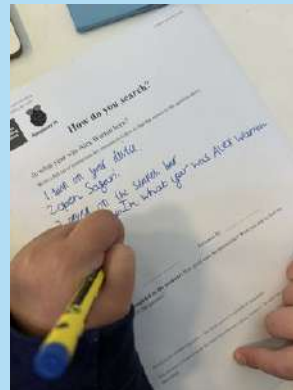
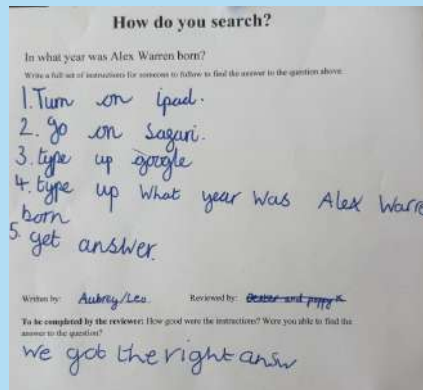


News from around the school - Emerald Class

In our first online safety lesson of the year, the children explored the amazing possibilities that come with using technology while also considering how they need to keep themselves safe when using it. They were reintroduced to the Common Sense Media Digital Citizens (see online safety page) and considered pledges they could make to be safe, responsible and respectful when travelling through the online world.



News from around the school - Sapphire Class



Continuing the computing theme, Sapphire Class have enjoyed the next step in their digital literacy journey by learning all about inputs, processes and outputs in systems. They have considered the systems we see all around us and how they are designed to make tasks more efficient. They then enjoyed designing their own system - an interactive bear that carried out different actions depending how it was interacted with. Finally, they wrote each other systematic instructions for successfully and safely using search engines before testing each others out!

News from around the school - Sapphire Class

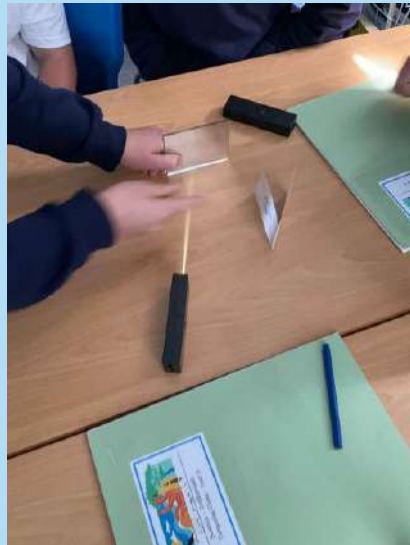


We love reading!

Sapphire class have spent time looking at the wonderful 'Lost Things' by Shaun Tan and enjoying lots of interesting learning linked to the text. Last week, they created their own fascinating looking lost things! These fabulous creatures have inspired the children in their creative writing - helping them to build adventurous word banks.



News from around the school - Turquoise Class



Turquoise Class have been busy combining two of their favourite subjects - science and maths!

Using science equipment, they have explored reflection of light - interrupting beams, measuring angles of reflection and completing challenges to explore how they can manipulate light.

What a fantastic way to embed and deepen learning while collaborating with each other. Well done, Turquoise!

News from around the school - Turquoise Class



We are artists!

Using our whole-school focus text 'Lost Things' by Shaun Tan, Turquoise have been enjoying creating artwork inspired by the illustrations in the story. They have explored perspective, shading, observational drawing and use of shape to share their own take on the beautiful artwork found throughout the book.



News from around the school - Oasis Dowr KS1



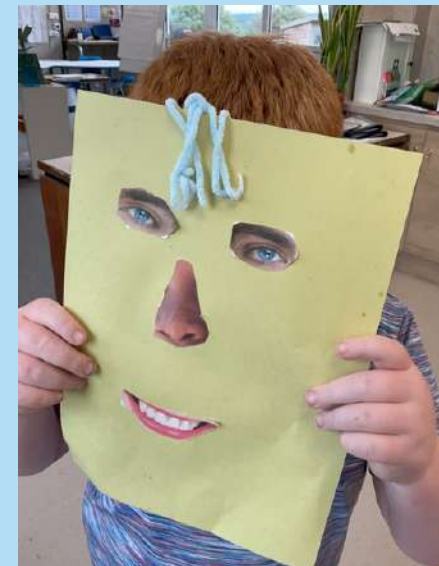
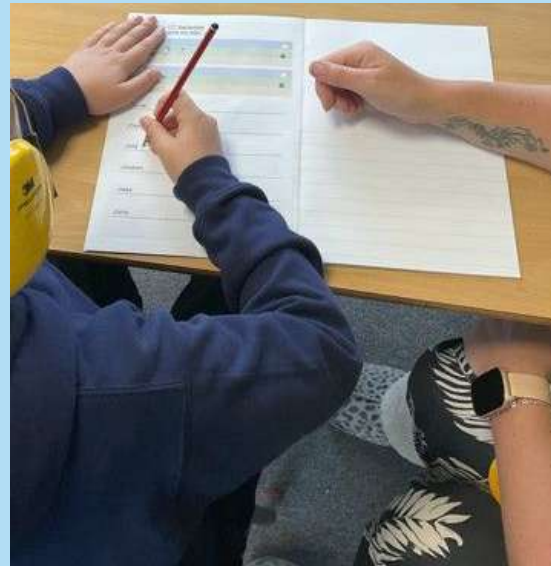
Our KS1 Dowr children have enjoyed such a fantastic start - getting used to their new learning environment and settling in to their learning routines. We are so proud.

We have enjoyed apple picking, making hedgehog models from clay, drilling and, most importantly, building friendships and showing kindness to those around us.

An amazing start to the new school year!



News from around the school - Oasis Dowr KS2



We are having so much fun in Oasis Dowr KS2 and accessing the wider school!!

Our children have engaged brilliantly with new friendships and our first steps in learning together - embracing our science topic all about bodies! We love shared snack time where we can come together and enjoy outdoor learning.

We've enjoyed skeleton puzzles, writing all about organs, brilliant art opportunities and we even created our own body diagrams by drawing round ourselves!

It's going to be a great year!

News from around the school - Enjoying, Engaging and Excelling Together!



Our brilliant children have been busy making us proud across all that they do - particularly when representing us away from school!

Two teams of athletes have been out and about - taking part in local sports tournaments and showing excellent resilience.

On both occasions our brilliant teams have returned to school bursting with pride and joy that comes from being part of a team. Amazing!



CONGRATULATIONS TO OUR GOLDEN STARS !

We celebrate all of our children each week in class circle-time. In our special celebration assembly, we praise the children who have made an extra special effort with their learning goals and living the 'Rights of the Child'. So many of our children display **ENJOYMENT, ENGAGEMENT** and **EXCELLENCE** in all aspects of school life - every day of every week.

WE ARE PROUD OF ALL OF YOU!



Celebrating with Ms Storey

All our 'Stars' celebrate their achievements with a special break with Ms Storey

CONGRATULATIONS TO OUR GOLDEN STARS !



Opal

Dolly - for positivity and always enjoying learning.

Oliver- for kindness and excelling in reading.

Elowen - for engaging and contributing in every lesson.

Emerald

Jaxon - for showing kindness to all in Emerald Class.

Alaiyah - for showing great behaviours for learning.

Joshmika - for fantastic efforts in writing.



Sapphire

Phoebe - for her enthusiasm and excellent attitude to learning.

Alba - for her growing confidence and classroom contributions.

Everyone! - for developing new friendships and making our classroom family feel complete.



Oasis Dour

Blake - for showing excellent sharing and turn-taking to all.

Harrison - for joining in with enthusiasm and excelling in learning.

Jake - for exceptional kindness and learning.

Connor - for his bravery, kindness and engagement in new learning opportunities.



Turquoise

Marlie - for kindness to everyone in school.

Gracie O - for her amazing attitude to Year 6.

Jago - for brilliant writing and engagement in all learning.



Parent Voice - September 2026



"Everyone is so friendly and approachable. My child is so happy to come to school."

"This school has made us feel very included. A great community presence."

"The school makes me feel at ease and confident that my child is happy."

"I feel a strong sense of connection with the school and have the upmost respect for all of the staff. I have trust that they will provide a

"The smiles we see."

Zones of Regulation



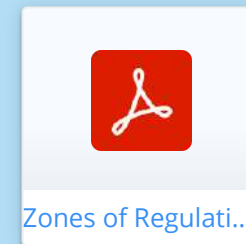
We use the Zones of Regulation approach to help our children understand, talk about, and manage their feelings.

By teaching children to identify which zone they are in, they learn to recognise their emotions and triggers and develop practical self-regulation strategies for their individual tool-kit. This empowering approach builds emotional resilience, supports positive mental well-being and creates a calm, supportive learning environment both at school and at home.

Meet the Zones:

To help children identify their emotional states, feelings are organised into four distinct colours, all of which are valid and respected.

- **The Blue Zone:** Used when the body or mind is moving slowly, representing low-energy states like feeling sad, tired, sick, or bored.
- **The Green Zone:** Used when the body or mind is in a calm, focused, and positive state, representing feelings like happiness, calmness and readiness to learn.
- **The Yellow Zone:** Used when the body or mind is experiencing heightened alertness, representing elevated emotions like stress, frustration, anxiety, excitement, or nervousness.
- **The Red Zone:** Used when the body or mind is experiencing extreme, intense emotions that feel overwhelming, representing states like anger, panic, terror, or explosive elation.



Zones
information
from our
Respectful
Relationships
Policy





Safeguarding Information

Safeguarding Concerns	
Designated Safeguarding Lead	Susannah Storey
Deputy Designated Safeguarding Lead	Beth Popperwell
Safeguarding Governor	Sally Miners
01209 820456	

Raise a concern about a child

If you have immediate concerns or are worried about a child or young person's safety please know that anyone, anytime, can make a call.

Cornwall's children's safeguarding services are handled by the Multi-Agency Support and Safeguarding Hub (MASSH), which replaced and combined the former Early Help Hub and Multi-Agency Referral Unit (MARU)

Contact Details for Children's MASSH

- **Phone:** 0300 123 1116 (Monday to Friday)
- **Out of Hours Phone:** 01208 251 300
- **Email:** massh@cornwall.gov.uk
- **Emergency:** Call 999 if a child is in immediate danger.

Online Safety

At St Day & Carharrack we use Common Sense Media's research-backed Online Safety curriculum to help pupils become safe, smart and kind online.

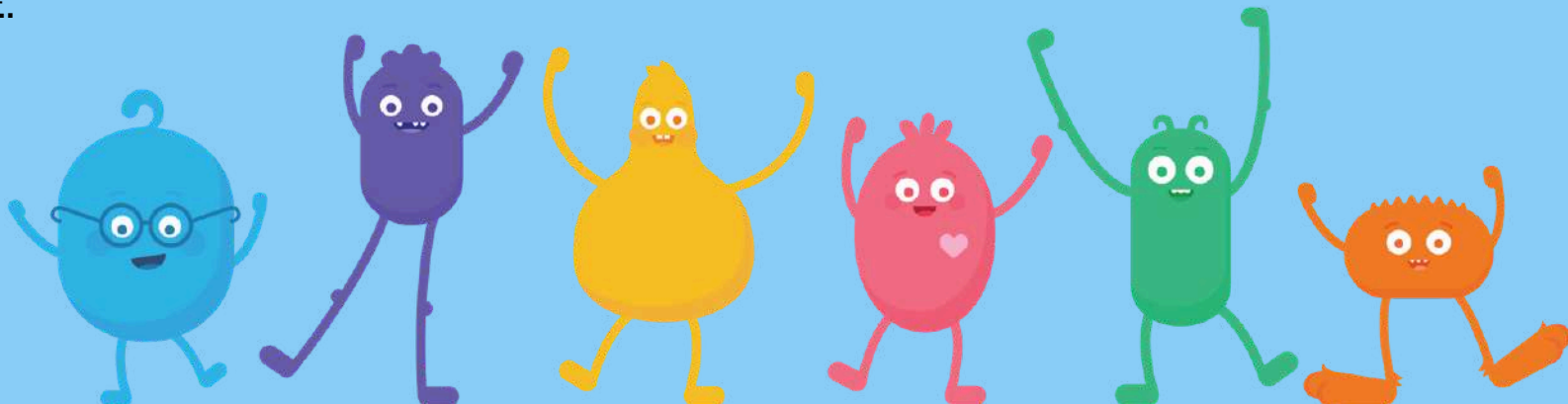
Aligned with the UK's *Education for a Connected World* framework, the curriculum covers essential online safety topics including media balance, data privacy, managing digital footprints and recognising online misinformation.

Through engaging activities, songs and relatable characters, children build healthy technology habits and learn how to navigate the digital world safely, responsibly, and confidently.

Meet the Digital Citizens:

To help our younger learners remember key online safety habits, the curriculum uses six friendly body-part characters:

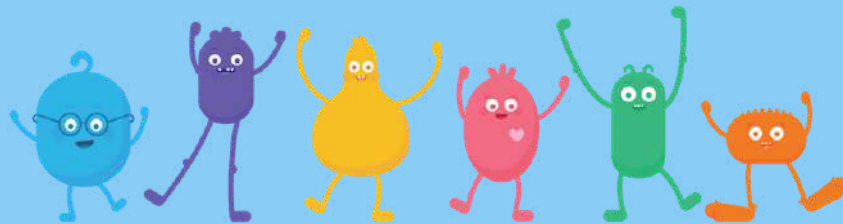
- **Arms:** Use your arms to achieve a healthy balance between screen time and offline activities.
- **Head:** Use your head to ask smart questions and check if what you see online is actually true.
- **Guts:** Listen to your gut to stay safe, avoid online risks, and tell an adult if something feels wrong.
- **Heart:** Use your heart to be kind, respectful, and empathetic when communicating online.
- **Feet:** Use your feet carefully to think about the permanent digital footprint and tracks you leave behind.
- **Legs:** Use your legs to stand up to online bullies (by walking away) and support people you care about.



Online Safety

It can be difficult to know when a child is ready for a phone, what boundaries to put in place and how to help them navigate social media, online gaming and AI. Tec Girls are here to help! Their First phones family workshops give families the chance to explore these questions together, with practical guidance on choosing devices, parental controls, online safety and creating a family digital devices agreement.

Taking place on Saturday 10th October at Robo, Newquay, the workshop is designed for parents and carers whose children are approaching their first smartphone, as well as families who would like to build healthier digital habits together.



TEC GIRLS

FIRST PHONES

Family Workshop

10TH OCT | NEWQUAY
9:00 - 11:30

Hands-on session designed to help families navigate first phones safely & confidently

Curated conversations and activities exploring:

- What parental controls are and why they matter
- Whether “free” games and apps are really safe
- Explore ethics and safe use of AI tools
- What to do when things go wrong online
- Creating a family digital devices agreement
- Discussion of the new social media rules and current safety tips

Kernow Education Advice Line (KEAL)

Welcome to the new Kernow Education Advice Line (KEAL)

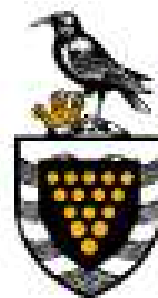
KEAL provides early advice, guidance and information for parents, carers and students with questions or concerns about education. We help families understand learning, education choices and how children are feeling - and support them to get the right help at the right time.

When you phone **KEAL** you will speak to an Advisor. The **KEAL** Advisors work alongside colleagues in the Early Help Hub, MARU and the Family Information Service.

KEAL Phone Number: 01872 324497

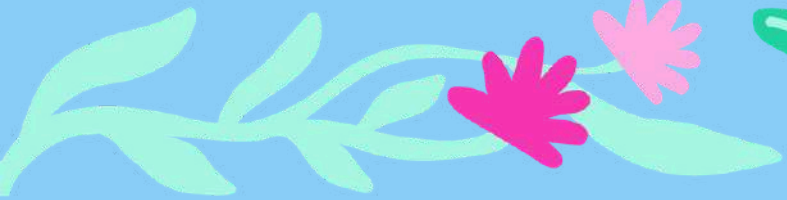
Opening Hours:

- Mondays to Thursday 8:45am-5:15pm
- Friday 8:45am-4:45pm
- Closed on Bank Holidays



CORNWALL
COUNCIL
one and all • onen hag oll

<https://www.cornwall.gov.uk/health-and-social-care/childrens-services/how-to-find-support-for-your-child-and-family/kernow-education-advice-line/>



Celebrating Attendance

Be an attendance HERO -
aim for 96% and above!

This is the government
recommendation to ensure
your child can reach their
potential.

Please remember to call
the school office before
9.00am if your child is
absent and to avoid an
unauthorized absence.

Thank you.



Opal : 93%

Emerald : 96%

Sapphire : 98%

Turquoise : 93%

Oasis Dowr : 95%

Whole School 95%

Please see the term
time dates to help
you plan your
holidays at the right
time to avoid a fine.
Thank you



Term Times 2026 - 2027

Cornwall Council 2026/27 School Term Dates for Community and Voluntary-Controlled Schools



September 2026						
Mon		7	14	21	28	
Tue	1	8	15	22	29	
Wed	2	9	16	23	30	
Thurs	3	10	17	24		
Fri	4	11	18	25		
Sat	5	12	19	26		
Sun	6	13	20	27		

October 2026						
Mon		5	12	19	26	
Tue		6	13	20	27	
Wed		7	14	21	28	
Thurs	1	8	15	22	29	
Fri	2	9	16	23	30	
Sat	3	10	17	24	31	
Sun	4	11	18	25		

November 2026						
Mon		2	9	16	23	30
Tue		3	10	17	24	
Wed		4	11	18	25	
Thurs		5	12	19	26	
Fri		6	13	20	27	
Sat		7	14	21	28	
Sun	1	8	15	22	29	

December 2026						
Mon		7	14	21	28	
Tue	1	8	15	22	29	
Wed	2	9	16	23	30	
Thurs	3	10	17	24	31	
Fri	4	11	18	25		
Sat	5	12	19	26		
Sun	6	13	20	27		

January 2027						
Mon		4	11	18	25	
Tue		5	12	19	26	
Wed		6	13	20	27	
Thurs		7	14	21	28	
Fri	1	8	15	22	29	
Sat	2	9	16	23	30	
Sun	3	10	17	24	31	

February 2027						
Mon		1	8	15	22	
Tue		2	9	16	23	
Wed		3	10	17	24	
Thurs		4	11	18	25	
Fri		5	12	19	26	
Sat		6	13	20	27	
Sun		7	14	21	28	

March 2027						
Mon	1	8	15	22	29	
Tue	2	9	16	23	30	
Wed	3	10	17	24	31	
Thurs	4	11	18	25		
Fri	5	12	19	26		
Sat	6	13	20	27		
Sun	7	14	21	28		

April 2027						
Mon		5	12	19	26	
Tue		6	13	20	27	
Wed		7	14	21	28	
Thurs	1	8	15	22	29	
Fri	2	9	16	23	30	
Sat	3	10	17	24		
Sun	4	11	18	25		

May 2027						
Mon		3	10	17	24	31
Tue		4	11	18	25	
Wed		5	12	19	26	
Thurs		6	13	20	27	
Fri		7	14	21	28	
Sat	1	8	15	22	29	
Sun	2	9	16	23	30	

June 2027						
Mon		7	14	21	28	
Tue	1	8	15	22	29	
Wed	2	9	16	23	30	
Thurs	3	10	17	24		
Fri	4	11	18	25		
Sat	5	12	19	26		
Sun	6	13	20	27		

July 2027						
Mon		5	12	19	26	
Tue		6	13	20	27	
Wed		7	14	21	28	
Thurs	1	8	15	22	29	
Fri	2	9	16	23	30	
Sat	3	10	17	24	31	
Sun	4	11	18	25		

August 2027						
Mon		2	9	16	23	30
Tue		3	10	17	24	31
Wed		4	11	18	25	
Thurs		5	12	19	26	
Fri		6	13	20	27	
Sat		7	14	21	28	
Sun	1	8	15	22	29	

School holidays

Bank holidays

Christmas Day	25 December 2026
Boxing Day	28 December 2026
New Years Day	01 January 2027
Good Friday	26 March 2027
Easter Monday	29 March 2027
May Bank Holiday	03 May 2027
Spring Bank Holiday	31 May 2027
Summer Bank Holiday	30 August 2027

AUTUMN TERM (72 days)

3 September - 18 December 2026
(HALF TERM 26 - 30 October 2026)

SPRING TERM (54 days)

4 January - 25 March 2027
(HALF TERM 15 - 19 February 2027)

SUMMER TERM (69 days)

12 April - 23 July 2027
(HALF TERM 31 May - 4 June 2027)

 Inset Days

195 days are included on the school calendar. Schools will be open to pupils for 190 days. The five additional days are allotted for In-Service Training (INSET). Schools allocate their own INSET days.



School Office Reminders

Important Upcoming Dates and Information.

October

1st CENSUS DAY – special school menu
7th Individual School Photo
12th RRS Hello Yellow - Wear Yellow!
12th Last week of clubs
15th KS1 Harvest Festival 2.30pm
17th Saturday Horticultural Event 2.00pm
21st Parent Partnership Meetings
22nd Parent Partnership Meetings
23rd Break up for half term

November

2nd Term starts for pupils
9th Clubs Start
10th Family Catch Up-Your Voice Matters –
pop in for a cuppa and chat – 8.50am
16th Anti-Bullying Week
11th Remembrance Day
13th Children In Need – Mini Marathon
20th World Children's Day – UNCRC Birthday!
29th Made in St Day Christmas Fayre

Flu Immunisation Session - Reminder

Kernow Health are visiting our school on Monday 12th October for the flu immunisation.

If you would like your child to receive this vaccination please use the following link:

Consent form link: <https://www.kernowimmunisations.co.uk/Forms/Flu?schoolcode=EE111840>

Contact No: 01872 221105 (for any queries).



MENTAL HEALTH SUPPORT TEAM - MHST

NHS
Cornwall Partnership
NHS Foundation Trust

Join us for our 5-week online
**Parent-Led CBT or Behavior as
Communication.**

Sessions are available on Tuesdays or
Wednesdays beginning 10 November
2026 at 10am or 1pm.

Parent-led cognitive behavioural
therapy (CBT) is a short psychological
intervention that helps parents and
carers apply CBT principles in their
child's daily life, to support with
childhood worries.

Behaviour as communication provides
parents with some practical strategies
to foster positive behaviour and
communication at home.

Please sign up via the online form
here:
<https://forms.cloud.microsoft/e/ACeKmRZfn5>



Sign up closes 23/10/2026 at 5pm

**All sign ups will require an individual pre group
assessment phone call**



Parents/carers who would like to
attend can sign up by completing the
form using the link below:

<https://forms.cloud.microsoft/e/ACeKmRZfn5>



NHS
Cornwall Partnership
NHS Foundation Trust

The Mental Health Support Team warmly
invite you to attend...

Wild Wellbeing

During October half term we are offering
**FREE "drop in" nature based creative
sessions linked to the 5 ways to
wellbeing.**

This is for parents and children aged 5-11
in Cornwall.

The Core at St Ives Community Orchard

Thursday 29 October 2pm -4pm

highlighted.flamed.hours

Coming along? Please let us know by completing our short
booking form so we know how many people to expect.



Book here!

Follow us on Facebook for updates and upcoming events:
[Cornwall Mental Health Support Team \(MHST\)](#)



**LOCAL OFFER
SEND CORNWALL**



While We Wait

Community SEND Support Day

Are you a parent or carer of a child or young person with
Special Educational Needs and Disabilities (SEND)?

A relative, neighbour or professional trying to support a parent
or carer with SEND?



**You're invited to Cornwall's first
'While We Wait' Community SEND Support Day.**



Thursday
1 October 2026



10:00am to
2:00pm



St Erme Community
Centre, Truro,
TR4 9BD



Children not in school are welcome to come along with any toys or devices
that will help them feel settled and entertained.

We know that waiting for support can be difficult and often leaves families feeling
uncertain about what happens next. Many parents tell us that having the chance to
talk directly with services helps reduce anxiety and gives them confidence about
the support available for their child.

**This event has been organised collaboratively and will provide an opportunity
to ask your questions directly to:**



NHS
Health Services



Cornwall Council
Education, SEND and
Community Health
services



Cornwall Council
Children's
Social Care



Cornwall Parent
Carer Forum



Cornwall
SENDIASS



Local Voluntary
and Community
Organisations

*Helping families feel informed,
connected and supported while they wait.*





Super SATURDAYS

9AM - 12PM

for students starting secondary school
in September 2027!

BOOK ONLINE
WWW.REDRUTH.CORNWALL.SCH.UK
OR CALL 01209 203715

PE - 26 SEPTEMBER

SCIENCE - 3 OCTOBER

IT & DT - 10 OCTOBER

CREATIVE ARTS - 17 OCTOBER

OPEN EVENING - THURSDAY 17 SEPTEMBER 2026

 **RS**
EXPECT THE BEST



OCTOBER HALF TERM

FOOTBALL CAMPS ARE BACK

TUESDAY 20TH
POLWHELE HOUSE SCHOOL

WEDNESDAY 21ST
POLWHELE HOUSE SCHOOL

FRIDAY 23RD
POLWHELE HOUSE SCHOOL

MONDAY 26TH
CHARLESTOWN FC

TUESDAY 27TH
POLWHELE HOUSE SCHOOL

WEDNESDAY 28TH
POLWHELE HOUSE SCHOOL

THURSDAY 29TH
TRURO COLLEGE (GIRLS ONLY)

FRIDAY 30TH
TRURO COLLEGE - HALLOWEEN SPECIAL

Book your place via our QR Code or the link below.
https://www.letsreg.com/uk/tcct_holidaycamps
07340 328969
wsnapes@tcfccommunitytrust.co.uk



All
Welcome!

Cooking Sessions

at Camborne Youth Hub

Get hands-on, learn new skills,
make tasty, healthy meals and
feel great!

Good food.
Healthy minds.
Brighter futures.

Wednesday
14th October
2026

Camborne
Youth Hub

4:30 - 7pm

Real Skills
Healthy Food
Stronger You



www.healthycornwall.org.uk



Healthy Cornwall
supporting healthier lives

CAMBORNE YOUTH HUB



Devon & Cornwall
Police

CAMBORNE POLICE PC GRIFFITHS

will be attending Camborne Youth Hub

ON THE 25TH OF NOVEMBER
FOR A

BIKE AND SCOOTER SAFETY SESSION

4:30 - 7PM



HELMET SAFETY
Protect your head



ROAD SAFETY
Stay alert, stay safe



RULES & REGULATIONS
Know the law

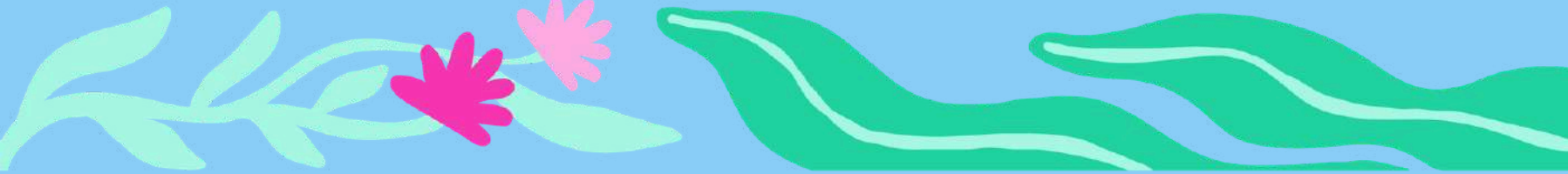


BIKE & SCOOTER CHECKS
Keep it in top condition



ALL WELCOME!

Ask questions,
learn tips and
ride safer!



Wraparound Care

Child-Care Club

£3.50
per
session

Breakfast
Included

More information
on the school
website or from
the school office

From 8am
every day

Book on
ParentPay

Games
and
Crafts

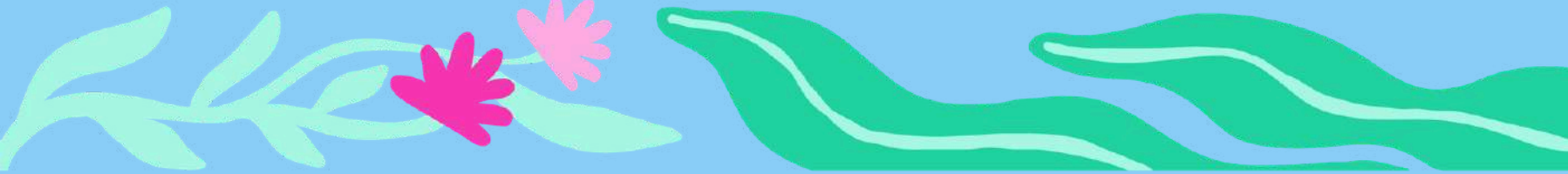
From the end of
the school day
until 4.30pm /
5pm or 6pm

Healthy
Snack and
Drink
Included

Prices
start
from £5

Afterschool Wraparound Care





**Thank you
for taking the time to read or listen to our news.**

Wishing you all an enjoyable weekend.

**Susannah Storey
and
The St Day and Carharrack Team**

