



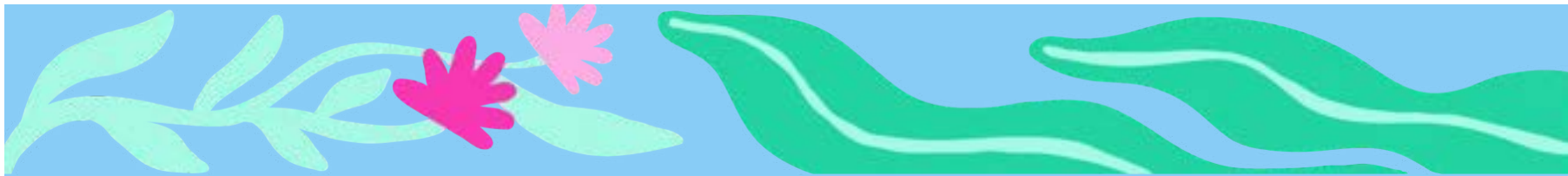
ST DAY & CARHARRACK PRIMARY SCHOOL

NEWSLETTER

April 2026

Headteacher: Susannah Storey

email: secretary@st-day.cornwall.sch.uk



Vision and Values

We are the **CHANGE-MAKERS** of OUR WORLD!

ENJOYING, ENGAGING, EXCELLING

Happy, healthy children, **enjoying** learning for life - surrounded by kind, respectful relationships and **engaging** in rich learning experiences. **Together** we will enable and encourage **ALL** our children to discover their unique gifts of character, talents and abilities. Our children will enthusiastically contribute to society, **excelling** in all they choose to do. They will communicate confidently, listen openly, think critically and question respectfully – our children will be the responsible **Change-Makers of Our World**.

LIVING OUR VALUES

ENJOYMENT

Laughing - Loving - Learning

ENGAGEMENT

Communicating - Collaborating - Contributing

EXCELLENCE

Be your best - Be even better - Be brilliant



A message from Ms Storey

Wow! It really is amazing that two weeks of April were taken up by the Easter break yet our newsletter is still bursting at the seams! It is a testament to the staff, children and families that make up our school community that we have so many positive news stories to share so early in the term - thank you.

We've all been so impressed with the way our children have returned to school ready to learn - showing great respect for our planet during Earth week and continuing to welcome all visitors to school in a polite, engaging manner. Everyone who comes through our doors is so impressed with them and their learning.

I can't quite believe it is the Summer term already - I know it's going to be a brilliant one full of exciting learning opportunities and events - keep an eye on the calendar to make sure you are up-to-date with our school offer.

Please make a note in your calendars of our exciting 'Food Celebration' event in conjunction with RJ working and the Feast Day Committee - more details on the next page. It promises to be spectacular!



ST DAY AND CARHARRACK PRIMARY SCHOOL PRESENTS...

ST DAY FEAST FOOD FESTIVAL

**CELEBRATING COMMUNITY
GROWING TOGETHER**

*Join us for a joyful celebration of food,
community and connection*

10TH JUNE 3.30PM-5.30PM

School Hill, Burnwithian, St Day, Redruth TR16 5LG

What's on?

- Food & Craft Stalls
- Singing by School Choir
- Conversations Around Food
- Garden Tours
- Fun Activities for All Ages

Want to run a stall? Contact:
secretary@st-day.cornwall.sch.uk



Food Celebration

We are pleased to be hosting a very special event in June celebrating our wonderful school and community. In partnership with Restorative Justice and the Feast Day Committee, the school will be hosting the annual Feast Market on Wednesday 10th June. The event will be food themed as we celebrate our amazing outdoor growing space.

There will be live music, games, face-painting and stalls as well as representatives from members of the communities of St Day and Carharrack. We are inviting a variety of stall holders to sell a collection of crafts and food and we hope to bring everyone together for an afternoon of fun. If you would like to be involved please do get in touch.

Children and parents are invited to make a contribution to this exciting event and get creating (Article 18 - Responsibility of Parents). There are three categories to enter: Best Miniature Garden, Best Flower Crown, Best Dressed Cake. Hopefully, there will be something for everyone to get involved with!

Please keep an eye out for further communications as we announce more in the coming weeks.



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The poster includes logos for St Day & Carharrack Primary School, St Day Feast, and the Community Fund. There is also a small green logo with the number 27 and the text 'FROM CLOTHING A DAY HOME'.

News from around the school- Active Outdoors



This month we have celebrated Earth Day and enjoyed being in the sunny outdoors. Some children chose to make colourful nature bracelets, others enjoyed building dens and searching for minibeasts.

Children in Turquoise class were very excited to find a Peppered Moth! They have been studying and writing about the moth as part of their science work on evolution. What a brilliant find!



News from around the school- Active Outdoors



News from around the school- Active Outdoors



News from around the school- Active Outdoors



News from around the school- Opal Class



A big thank you to all our families who joined us for our 'Phonics Party' this month! The children absolutely loved sharing their learning with you in school. We are so proud of the fantastic progress they are making as readers and writers, and it's wonderful to see the pride they take in their learning every day.

RRS Article 28 & 29 🌻



News from around the school- Opal Class



Phonics Party Continued...



News from around the school- Emerald Class

In Emerald Class we love getting outside and PE lessons give us the perfect opportunity to enjoy our beautiful grounds. As part of our ongoing ball skills work we spent time learning how to play rounders - we learnt so many brilliant skills and of course it was great fun!

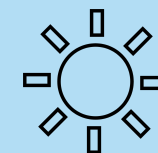
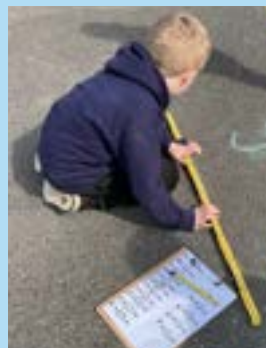


News from around the school- Emerald Class



Outdoor Learning

Last term, we took our learning outdoors across both science and maths. In science, the children explored the importance of sun safety by investigating how effective different SPF sun creams are, using UV-sensitive beads to observe how well they protect against harmful rays. In maths, the children developed their measuring skills by working collaboratively on the playground to draw and accurately measure chalk lines using centimetres and metre sticks.



News from around the school - Sapphire Class



What a brilliant science lesson - as part of our unit on changing states of matter we made ice cream!

After going outside to recap our learning of solids, liquids and gases (using our bodies) we gathered our resources and set about completing a very exciting experiment.

By combining salt with ice cubes in a bag and then adding milkshake in a separate, sealed bag, we were able to cool the milkshake enough that it began to change state. We took turns rubbing the ice over the surface of the milkshake bag and really enjoyed observing the results; particularly the part where we got to try it!



News from around the school - Sapphire Class



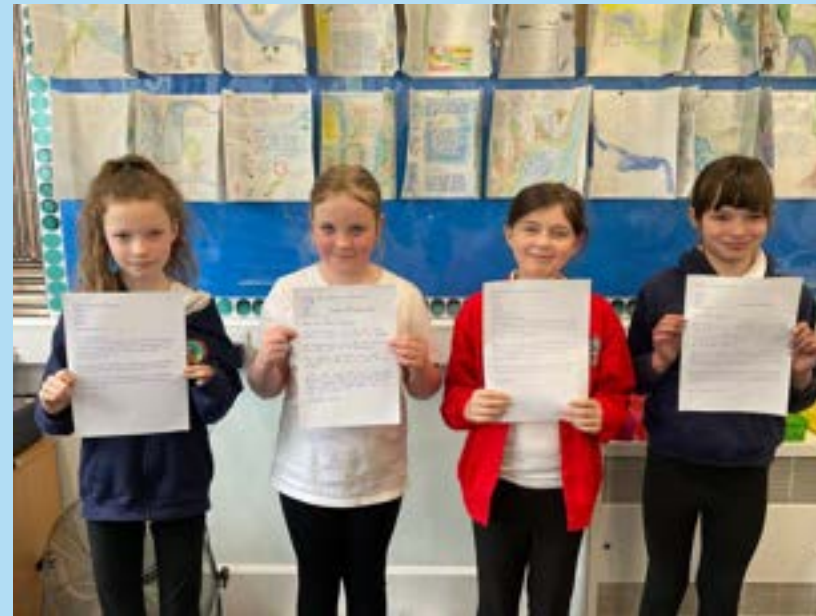
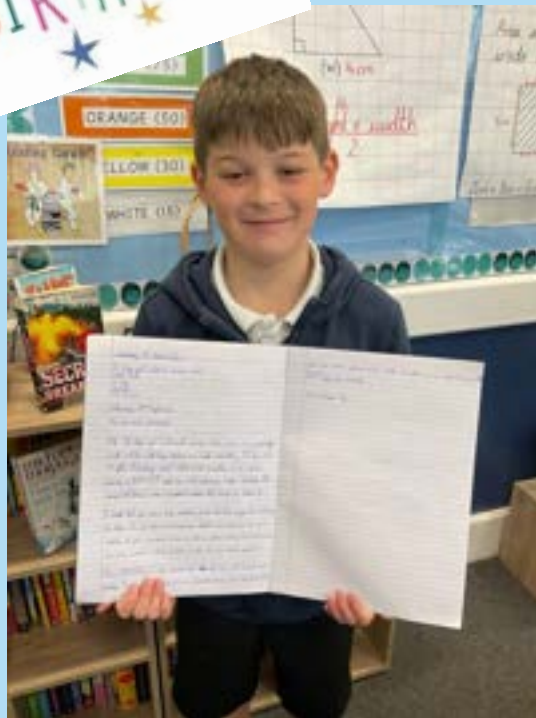
News from around the school - Turquoise Class



A busy April in Turquoise Class as we began to explore new learning for the Summer Term. We loved the Farm to Fork workshop looking at how Cornwall is a major supplier of fruit and vegetables for the country. In Science, we have begun to explore Living Things and their Habitats. A great lesson looking at the life-cycle of animals with a game of 'Guess Who' (animal themed) too.



News from around the school - Turquoise Class



A very proud group of Year 5 writers have been sharing their birthday wishes and messages of thanks to Sir David Attenborough as he celebrates his 100th birthday. The children have thoroughly enjoyed learning about his incredible life and their writing reflects the moments they found most inspiring. Naturally, we could not write to Sir David without also sharing our own journey towards Rights Respecting Gold. It was a wonderful opportunity for the children to celebrate an extraordinary person while reflecting on the positive difference they can make too.

News from around the school - Earth Week



At St Day & Carharrack we understand that part of having rights is having responsibilities. This knowledge means that we take Earth Week very seriously - connecting with our wonderful planet and acknowledging that it is our duty to do what we can to respect, preserve and enjoy it.



Our Earth Week celebrations saw class learning linked to the legacy of David Attenborough, farming visitors who guided children through inspirational workshops and also a Blossail practice event in the lead-up to this special celebration in the village. What a fantastic week!

News from around the school - Enjoying, Engaging and Excelling Together!



Every child, every day - a reader!

This core message sits at the heart of all we do in school and all children read across all subjects all day. We love it!

This month in Oasis we have been working hard on building phonic knowledge while building a love of reading - choosing reading for pleasure books from the library and setting aside time each day to enjoy them.



Parent Engagement



It may have been raining but that didn't dampen spirits at our Easter event - organised by the wonderful Friends of St Day & Carharrack.

We had a great afternoon involving an ice cream van, a grand hamper raffle, arts and crafts, a bake sale, guess the weight of the egg and even an 'Easter Bonnet' competition!

A huge thank you to all involved in organising, attending and making the event such a great success.

A special thank you to the Mallorys who brought their ice cream van along and donated a portion of the profits to our year 6 school camp. Community in action - we are so grateful!



esafety Updates

PAPAYA

Let's talk about our kids and their tech

ONLINE PARENT TALK WITH NICOLA:

CORNWALL SCHOOLS PARENT TALK
MONDAY 8TH JUNE 2026 – 9:30 AM to 11:00 AM



JOINING LINK:

Access via the link below



Nicola
MacDonald

Nicola MacDonald is a Resilience Coach and Author of the non-fiction book, *Resilient Teen*. She is the Founder of My Resilient Mind and Co-Founder of The Digital Detox Club. She runs resilience workshops and talks for schools, parents, and adults in the workplace. She specialises in mindfulness, tech addiction, youth mental health and conscious parenting.

Nicola is an empowering and uplifting speaker who shares her knowledge in a non-judgemental way linking to her own experiences of parenthood and her own previous struggles with teen anxiety.

<https://us06web.zoom.us/j/89991912592?pwd=t5WbYl1i7uRXfG5CZlYB2UrslDjVqg.1#success>

PAPAYA

Helping families to thrive in a digital age

Parenting in the **digital age** has never been more complex, with issues surrounding screen time, social media use, and gaming.

Many parents are concerned about their children's mental health, especially the impact of screens on it.

In this interactive talk, Nicola unpacks some of the **complex issues** surrounding smartphone use and, in a **non-judgmental** manner, aims to help you find solutions that work for your family.

Topics

- The link between mental health and wellbeing and spending too much time online
- Strategies for delaying the smartphone
- Strategies for families to achieve a healthy balance with technology
- Question and discussion time

"The talk is so relevant, full of insight and eye-opening. You will walk away inspired to connect, reflect, and find out more. I highly recommend it."

— Claire Curtis, parent and SFC volunteer.



Celebrating Attendance

Be an attendance HERO - aim for 96% and above!

A super well
done to
Turquoise
Class for
achieving the
highest
attendance
this month!



Opal - Yr R/1 - 95%
Emerald - Yr 2/3 - 93%
Sapphire - Yr 4/5 - 96%
Turquoise - Yr 5/6 - 97%

Whole School 95%





Parent Engagement

As Year 4 children are fast approaching their Multiplication Tables Check, it is reassuring to know children are able to work out 144 multiplications by simply knowing 36 core facts. Take the fact $4 \times 5 = 20$. Children also know $5 \times 4 = 20$. Using their fluency knowledge, children know 8 is double 4 therefore double 20 is 40. With this understanding $8 \times 5 = 40$ therefore $5 \times 8 = 40$. Multiplication is about finding patterns in maths. Over the Easter break, children in KS2 could learn these 36 core facts. Multiplications aren't just for Year 4. They reoccur throughout KS2, KS3 and even KS4!

$2 \times 2 = 4$								
$2 \times 3 = 6$	$3 \times 3 = 9$							
$2 \times 4 = 8$	$3 \times 4 = 12$	$4 \times 4 = 16$						
$2 \times 5 = 10$	$3 \times 5 = 15$	$4 \times 5 = 20$	$5 \times 5 = 25$					
$2 \times 6 = 12$	$3 \times 6 = 18$	$4 \times 6 = 24$	$5 \times 6 = 30$	$6 \times 6 = 36$				
$2 \times 7 = 14$	$3 \times 7 = 21$	$4 \times 7 = 28$	$5 \times 7 = 35$	$6 \times 7 = 42$	$7 \times 7 = 49$			
$2 \times 8 = 16$	$3 \times 8 = 24$	$4 \times 8 = 32$	$5 \times 8 = 40$	$6 \times 8 = 48$	$7 \times 8 = 56$	$8 \times 8 = 64$		
$2 \times 9 = 18$	$3 \times 9 = 27$	$4 \times 9 = 36$	$5 \times 9 = 45$	$6 \times 9 = 54$	$7 \times 9 = 63$	$8 \times 9 = 72$	$9 \times 9 = 81$	



Parent Tea & Talk - 2.6.26

All parents are welcome to join us as we talk all things SEND and inclusion. We will have a focus on inclusive classrooms, screentime and school-based anxiety.

These mornings are parent-led and it is so valuable to hear the views of community. The kettle will be on so please come along!



School Office Reminders

Important Upcoming Dates



May

- 4th **BANK HOLIDAY – SCHOOL CLOSED**
- 6th Class Photographs
- 11th Year 6 SATs week
- 18th Last week of clubs
- 18th Year 6 Residential
- 21st **CENSUS DAY – special school menu**
- 22nd Break up for half term

June

- 1st Term resumes for children
- 2nd Tea and Talk
- 8th Clubs Start
- 8th Year 4 Multiplication Check
- 8th Year 1 Phonics Screening Check
- 10th Food Celebration
- 15th Feast Day
- 15th Assessment Week
- 26th Sports Day and Special Menu



New Menu - Spring / Summer 2026

From Monday 20th April we will be serving our new Spring / Summer menu. All meal choices are published on ParentPay, so please log on and choose your meals with your child.

FOOD FESTIVAL		LUNCHTIME					PRIMARY TRADITIONAL
WEEK 2 Autumn Winter 2025/26 MON/TUE, WED/THU, FRI/SAT, SUN/MON, TUE/WED, THU/THU, FRI/SAT, SUN/SEN		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
MAIN EVENT Circus		Cheese and Tomato Pizza Slice with Wedges	Meatball Marinara Pasta	Roast Chicken, Stuffing, Skin on Roasties and Gravy	Bangers, Mash and Gravy	Golden Fish Fingers or Salmon Fingers and Chips	
WHEEL OF FORTUNE Waffle Bar		Baked Sweetcorn Fritters with Wedges	Cheesy Pea Frittata with Pasta Salad	Cauliflower Cheese, Skin on Roasties and Gravy	Veggie Bangers, Mash and Gravy	Cheesy Bean Wrap with Chips	
RAINBOW ALLEY Vegetarian and vegan		Vegetable Sticks	Mixed Salad	Carrots and Cabbage	Mixed Greens	Peas	
BIG TOPPING Filled jackets		Beans, Cheese	Beans, Cheese	Beans, Cheese	Beans, Cheese	Beans, Cheese	
DESSERT TROLLEY		Butterfly Pastry Biscuits	Fruit & Jelly	Banana Bread and Custard	Apple Cinnamon Buns	Lemon Drizzle Cake	
What impact has your meal had on planet Earth today?							
			AVAILABLE ONLY DAILY SALAD BOWL, FRESHLY BAKED BREAD, YOGURT AND CUT FRUIT		PASTA TWIRLER SWEET AND SOUR SAUCE	TOPPED PASTA HOT TUNA TOPPER WITH HOMEMADE TOMATO SAUCE & CHEESE	

FOOD FESTIVAL

WEEK 2
Autumn Winter 2025/26
09/11/25, 01/12/25, 22/12/25,
12/01/26, 01/02/26, 23/02/26,
06/03/26

LUNCHTIME

PRIMARY TRADITIONAL



MAIN EVENT



MEAT-FREE MAGIC



RAINBOW ALLEY



BIG TOPPING



DESSERT TROLLEY

What impact has your meal had on planet Earth today?



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mac & Cheese		Creamy Chicken & Sweetcorn Pasta	Roast Gammon, Skin on Roasties and Gravy	Mild Chilli Con Carne with Rice	Golden Fish Fingers and Chips
Green Veg & Butter Bean Pie with Wedges		Veggie Whole Grain Pasta Bolognese	Cheddar & Broccoli Crustless Quiche	Vegetable Bean Chilli with Rice	BBQ Veggie Wrap with Chips
Sweetcorn		Broccoli	Carrots and Peas	Mixed Greens	Baked Beans
Beans, Cheese		Beans, Cheese	Beans, Cheese	Beans, Cheese	Beans, Cheese
Chocolate Crispy Bars		Orange and Peach Jelly	Apple Tea Cake and Custard	Iced Vanilla Sponge Cake	Carrot Cake

AVAILABLE DAILY
DAILY SALAD BOWL, FRESHLY BAKED BREAD, YOGHURT AND CUT FRUIT

PASTA TWIRLER
TOPPED PASTA
HOT PASTA TOPPED WITH
HOMEMADE TOMATO SAUCE
& CHEESE

FOOD FESTIVAL

WEEK 1
Autumn Winter 2023/24
17/12/23, 08/12/23, 28/12/23,
14/01/24, 09/01/24, 01/02/24,
25/02/24

LUNCHTIME

PRIMARY
TRADITIONAL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN EVENT	Cheese and Tomato Pizza Slice with Wedges	Lasagne	Roast Pork, Skin on Roasties and Gravy	Chicken & Sweetcorn Pie with Mash	Golden Fish Fingers & Chips
WIGGLE & TWEED MAGIC	Veg Lasagne	Vegetable Ratatouille with Rice	Carrot & Stuffing Puff Pastry Plait, Skin on Roasties with Gravy	Root Vegetable and Bean Stew with Mash	Vegetable Fingers with Chips
RAINBOW ALLEY	Vegetable Sticks	Sweetcorn	Roasted Roots	Peas	Baked Beans
BIG TOPPING	Beans, Cheese	Beans, Cheese	Beans, Cheese	Beans, Cheese	Beans, Cheese
DESSERT TROLLEY	Sweet Potato Chocolate Brownie	Jelly	Eve's Apple Pudding & Custard	Muesli Bars	Vanilla Cookies



AVAILABLE DAILY
SALAD BOWL, POTATO BAKED BEAN, YOGURT AND EGG POKE

PASTA TWIRLER
TOPPED PASTA
HOT PASTA TOPPED WITH
HOMEMADE TOMATO SAUCE
& CHEESE



Safeguarding Information

Safeguarding Concerns

Designated Safeguarding Lead

Susannah Storey

Deputy Designated Safeguarding Lead

Beth Popperwell

Safeguarding Governor

Sally Miners

01209 820456

Raise a concern about a child

If you have immediate concerns or are worried about a child or young person's safety please know that anyone, anytime, can telephone the Multi Agency Referral Unit (MARU) on 0300 123 1116.

Online support courses for Parents

Online support courses for Parents



Building Emotional Resilience

Work through six stages of directed exercises to help your child (and yourself) improve emotional resilience.



Facing Defiance

A specific strategy aimed at supporting parents of children aged 5 to 12 with ADHD, ODD or just very challenging behaviour.



You & Your Teen

A skills building course for one parent and one teen (12 years old and above) to learn how they can both improve their communication with each other.

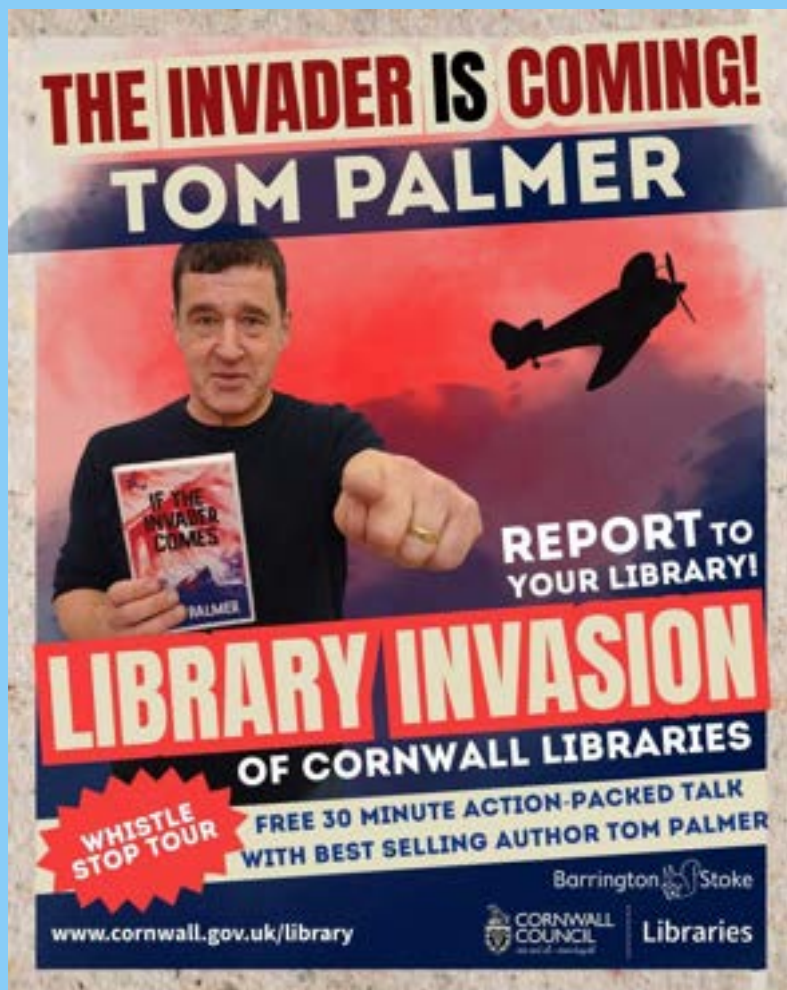
www.facefamilyadvice.co.uk

Online Parenting Courses page

Email: info@facefamilyadvice.co.uk



www.facefamilyadvice.co.uk



Cornwall Libraries have teamed up with children's author and Reading Ambassador Tom Palmer to celebrate his new book *If the Invader Comes*, set in wartime Cornwall.

From late May to early June, Tom will be visiting libraries across Cornwall. At each event, he will introduce his new book, talk about his writing inspiration, and answer questions from the audience.

These sessions are free to attend, and the first families to arrive at each library will receive a free signed copy of the book.

Please see dates below:

Sat 23 rd May	10am Hayle	11.30 am Camborne	1pm Redruth
Tues 26 th May	10am Bodmin	11.30am Wadebridge	2.30 pm Camelford
Weds 27 th May	10.30am St Columb	11.45am Newquay	1pm Perranporth 2.30pm St Agnes
Thurs 28 th May	10am St Ives	11.30am Penzance	1pm St Just
Fri 29 th May	10am Helston	11.30am Falmouth	1pm Penryn 2.30pm Truro
Sat 30 th May	9am Lostwithiel	10.15am Fowey	11.45am St Austell
Mon 1 st June	11.30am Liskeard	1pm Saltash	2.30pm Torpoint
Tues 2 nd June	10am Callington	11.30am Launceston	1:30pm Par Weds 3 rd June 1pm Bude

IDEAL FOR AGES 7+

• VISIT TO •
The Bird of Prey Centre



**Saturday May 2, 2026
 from 11am to 3pm**

Winnards Perch, St Columb Major TR9 6DH

For families affected by terminal illness

Join us for a special in-person outing at The Bird of Prey Centre designed just for families coping with terminal illness. It's a relaxed, fun day to connect, learn about the birds, and enjoy some time together in nature. Bring the whole family and experience the wonder of these incredible birds up close in a supportive, friendly atmosphere.



gunners kids   Web: gunnerskids.org

Sponsored by:  



The brightest fun run for everyone!

Saturday 20 June 2026 at RAF St Mawgan, Newquay

rainbow RUN

Sign up today chsw.org.uk/rainbow

Registered Charity No. 2003354

Information from Smarter Smiles:

Smarter Smiles Newsletter
Oral Health EYFS

Smarter Smiles

Toothbrushing advice

Children 0-3 years old
Parents/guardians should brush their children's teeth

- as soon as they erupt
- twice a day, last thing at night and one other occasion
- with a smear of fluoride toothpaste, containing at least 1000ppm fluoride.

Children 3-6 years old
Parents/guardians should brush their children's teeth

- on all tooth surfaces
- twice a day, last thing at night and one other occasion
- with a pea-sized amount of fluoride toothpaste, containing at least 1000ppm fluoride.
- Spit out the toothpaste and not rinse out with water.

Healthy eating

- Introduce a wide variety of solid foods from around the age of 6 months
- Sugar should not be added to food or drinks given to babies and toddlers.
- Minimise amount and frequency of consumption of sugar-containing food and drinks.
- Use sugar-free versions of medicines.
- Avoid sugar-containing foods and drinks at bedtime.
- Children aged 2 to 3 should have no more than 1g of sugar.
- Children aged 4 to 6 should have no more than 10g of sugar.



Tooth eruption

- Baby teeth should start to erupt from around 6 months.
- Should have a total of 20 baby teeth and all erupted by the age of 3.
- If no teeth are present by the age of 12 months then to seek professional advice.
- Baby teeth play a major role in maintaining space for adult teeth.
- First adult molar will erupt from the age of 6.



First dental appointment

DCby1

As soon as your child gets their first teeth and certainly by their first birthday, take them to the dentist so they become familiar with the experience.

The Dental check by One campaign was established by the British Society of Paediatric Dentistry.

For more information visit <https://dentalcheckbyone.co.uk/>

Did you know?

Enamel, the outer surface of teeth, is the strongest substance in the human body!

Sadly, enamel cannot be healed like broken bones so good oral health is crucial to keep our teeth strong!

Find out more.

For more dental top tips visit the Smarter Smiles Website.
<https://smartersmiles.co.uk/>

Smarter Smiles





Wraparound Care

Child-Care Club

£3.50
per
session

Breakfast
Included

More information
on the school
website or from
the school office

From 8am
every day

Book on
ParentPay

Games
and
Crafts

From the end of
the school day
until 4.30pm /
5pm or 6pm

Healthy
Snack and
Drink
Included

Prices
start
from £5

Afterschool Wraparound Care





**Thank you
for taking the time to read or listen to our news.**

Wishing you all an enjoyable weekend.

**Susannah Storey
and
The St Day and Carharrack Team**

