



It's All About Opal...

Edition 11

Week Beginning: 6th July 2020



Virtue: Joyfulness is an inner sense of peace and happiness. You appreciate the gifts each day brings, without joyfulness, when the fun stops, our happiness stops. Joy can carry us through the hard times even when we are feeling sad. Joy gives us wings.

- Look inside for happiness
- Enjoy whatever you are doing
- Feel good about doing what is right
- Find creative ways to enjoy your time
- Have a good sense of humour
- Feel an inner peace even when things are tough

OPAL CLASS 6th July 2020

PLEASE NOTE: CLASS TIMINGS AND DAYS FOR NEXT WEEK

Mon 9.10-12.00

Tues 9.10-12.00

Wed 9.10-12.00

Thurs 9.10-12.00

Friends we miss you.....

We have had a great week back to school but our thoughts have been with our friends learning at home! **The rainbow picture above is painted with love and care for you all.** Teddy, Eli asks how the dinosaurs are and we were wondering if the sunflowers have survived the slugs and snails Harvey? Yavvi how are the vegetables and Millie you are being so good for mummy with your learning!! Elsie I wonder if you have any beans yet?

This week we have focussed on mindfulness and well-being. We loved the Zen Den Thought Bubbles session – have a go just follow the link opposite!

LEARNERS AT HOME...

Please see attached learning grid for the home learners amongst us! I cannot stress enough how important it is to keep popping quick fire sessions in every day – especially as we start thinking about our move to Year 1. Please keep brushing up on those RWInc skills and reading cvc words. Remember to use the link below to support you with this. Remember RWInc materials can also be accessed on the St Day and Carharrack Website. Having started back at school it was a great opportunity to start **sneakily** getting the children to write so keep those fingers moving – cutting and using scissors is a great way to exercise the fingers! We have read some lovely stories in school this past week, which, can all be accessed on line. I will add the links below so please take time with your children to stop and start as you go through them. They are so topical at the moment and have really supported the children in school!

Please note - no zoom calls for Opal class this week.

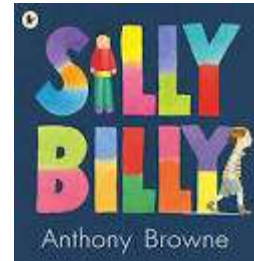
If there is anything I can do for you please just ask! Take Care and Stay Safe! Miss Horne

Thought Bubbles | 'Cosmic Kids
Zen Den - Mindfulness for kids'

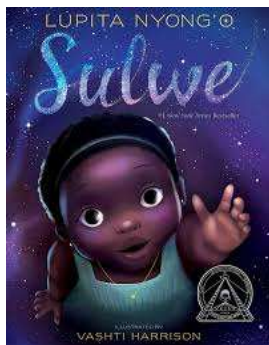
<https://www.youtube.com/watch?v=xUUq0HuSLS0>



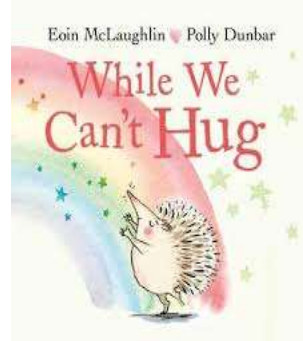
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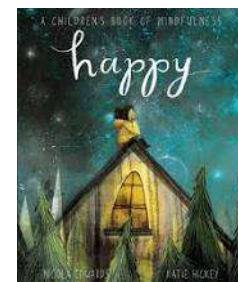
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<https://www.youtube.com/watch?v=tarq5nkkGlk>



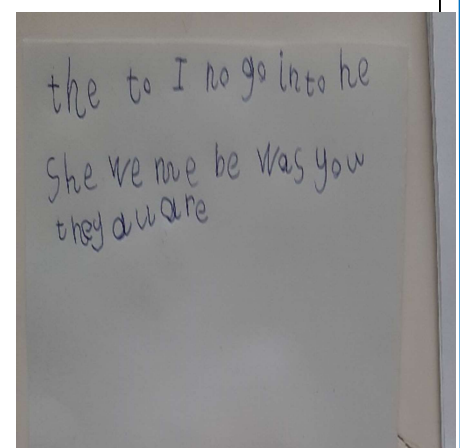
This is another new book but not on-line. A truly beautiful book reflecting on the here and now! You can purchase this through Amazon.



PSHE Back to School Resources

Resources that may help in a particularly tricky time for children and adults

<https://en-gb.padlet.com/grahamandre07/backtoschoolpshe>



By Millie at home!!!!

Please support your children in learning to read and write ALL of these words!! Play snap, hide and seek the word, how many times can you write it down in a minute? Write them in chalk and then rub them out! Have fun!

OPAL CLASS LEARNING AT HOME AND IN SCHOOL



See ten puppies. There
are three puppies with
their mouths open.
The puppy in the middle
of the row is sleeping.
There are two eyes.



