

Be Amazing

1 2 3 4 5 6 7 8 x4

Keep it beating, keep it keep it beating,

Keep it beating, keep it keep it beating.

All you have to do is use it, use it,

All you have to do is move it, move it,

Dancing, skipping, bouncing, kicking,

Walking, swimming, sliding, riding,

Jumping, shaking, don't be lazing,

Get your body up and running!

Be amazing powered from the inside,

Be amazing charge up your heart.

Be amazing feel your body working,

Training your heart, training your heart for life!

(1) 2 3 4 5 6 7 8 x2

Keep it beating, keep it keep it beating,

Keep it beating, keep it keep it beating.

All you have to do is use it, use it,

All you have to do is move it, move it,

Dancing, skipping, bouncing, kicking,

Walking, swimming, sliding, riding,

Jumping, shaking, don't be lazing,

Get your body up and running!

Be amazing powered from the inside,

Be amazing charge up your heart.

Be amazing feel your body working,

Training your heart, training your heart for life!