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| **West Autumn Term Virtual Parenting Programmes** |
| BPAPEY 1-3 yrs | 10-11.30 | Tuesday | 10/11/2020 | 17/11/2020 | 24/11/2020 |  |  |
| BPAP 5-11 yrs | 10-11.30 | Thursday | 26/11/2020 | 03/12/2020 | 10/12/2020 |  |  |
| TAKE 3 12-16 yrs | 6:00-8:00 | Wednesday | 4/11/2020 | 11/11/2020 | 18/11/2020 | 25/11/2020 | 2/12/2020 |
| BPAP with an awareness of ADHD 5-11 yrs | 10-11.30 | Tuesday | 17/11/2020 | 24/11/2020 | 01/12/2020 |  |  |
| BPAP with an awareness of the Spectrum 5-11 yrs | Evening6:30 -8:00 | Wednesday | 4/11/2020 | 11/11/2020 | 18/11/2020 | 25/11/2020 |  |
| BPAP with an awareness of the Spectrum5-11 yrs | Evening6:30-8:00 | Wednesday | 4/11/2020 | 11/11/2020 | 18/11/2020 | 25/11/2020 |  |

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| **West Virtual Parenting Programmes January 2021.** |
| **Programme** | **Time** | **Day** | **Wk 1** | **Wk 2** | **Wk 3** | **Wk4** | **Wk 5** |
| BPAPEY 1-3 yrs | 10-11:30 am | Thursday | 21/1 | 28/1 | 4/2 |  |  |
| BPAP 5-11 yrs | 6-00-7:30 pm | Wednesday | 13/1 | 20/1 | 27/1 |  |  |
| TAKE 312-16 yrs | 9:30-11:30  | Tuesday | 12/1/ | 19/1 | 26/1 | 2/2 | 9/2 |
| BPAP with an awareness of ADHD 5-11yrs | 6:00 7:30 pm | Thursday | 14/1 | 21/1 | 28/1 |  |  |
| BPAP with an awareness of the Spectrum5-11 years | 10:00 – 11:30 | Wednesday | 20/1 | 27/1 | 3/2 | 10/2 |  |
| Teenage brain12-17 years | 6:00 - 7:30pm | Tuesday | 19/1 | 26/1 | 2/2 |  |  |
| Incredible Years | Dates to be confirmed |  |  |  |  |  |  |