



School Newsletter 9th January 2019 – Issue 9

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Dear Families,

Welcome back everyone! We have had a great first week - full of exciting learning!

OUR VIRTUES: SELF-BELIEF, DETERMINATION and COURAGE

Over the next couple of weeks, we are exploring the above virtues with our children and seeking feedback through the School Council. If our children develop self-belief, determination and courage then they will be able to reach all of their dreams. We want to provide daily opportunities for our children to have the confidence to communicate their feelings and ideas at all times. This takes great courage.

THE SCHOOL COUNCIL

Our School Council 'hit the ground running' this year with their first meeting of 2019 taking place on the first day back at school. They didn't waste any time in getting on to the big subjects like Golden Time, rewards and consequences! There were many more ideas, suggestions and solutions that were discussed with enthusiasm and maturity. 2019 is set to be a successful year!

FUNDRAISING

As you are aware, the School Christmas Fayre raised an incredible £1410.14 and we have an additional £768 from the Friends fundraising over the last few years. The School Council are discussing how to spend this money to benefit all children. We will keep you informed and please feel free to share your ideas! Thank you again to everyone involved in raising all this money!

HEALTHY LIVING



We are having a big focus on developing healthy minds and bodies by giving our children options and choices. Please see the 'Change for Life' booklet for information on 'smart sugars' and healthy snack ideas. In class, the children will be sharing and trying different healthy snacks. We are encouraging healthy snacks during first play and discussing the importance of fruit, fibre and reading snack labels. We are asking for crisps and any chocolate covered snack bars to be part of your child's main lunch and for any sweets to be saved for after school with families. This is all to raise awareness, to encourage our children to be 'sugar smart' and to support energy levels during the school day, which supports behaviour for learning. New clubs start this week- including football,

healthy cooking and outdoor learning to promote active and healthy lifestyles. We are hoping to grow our own 'fruit and veg' so we can prepare our own healthy snacks. Please support us in ensuring your child has a water bottle in school every day- filled with water. Water is a healthy and cheap choice for quenching thirst at any time. It has no calories and contains no sugars that can damage teeth. Water bottles can be re-filled throughout the day and we can encourage all children to be drinking plenty of water in class. If you would like your child to have a fruit juice with their lunchtime meal – this can be included in their lunchbox. We need

your support to encourage healthy habits during the school day and for life. If your child has a particular diet, please let us know. Thank you.

REMINDERS and DATES FOR YOUR DIARY

CHANGES TO SCHOOL PAYMENTS – for dinners, breakfast club, FUNZONE and trips. We have now set up **PARENT PAY** to make online payments to school easier and time efficient for everyone. Please do not hesitate to contact the school office if you need assistance. Your support in using Parent Pay will help the school enormously, thank you.

OUTDOOR PLAY EQUIPMENT

Please supervise your children closely out of school hours, as we cannot be held responsible if you allow your children to go on the play equipment and they have an accident. The wood can be very slippery and should always be checked. During the school day, children change into the appropriate footwear, are supervised and follow the school rules at all times. Unfortunately, a child in Reception broke her arm last term so we are asking all families to take care once we hand your children over to you at 3.10pm. Many thanks.

READING RECORDS

Well done to Year 5 and 6 children who are taking responsibility for their learning and making sure they have their reading records and books in school every day. We are looking for signed reading records in every class, every day. Thank you!

OUTDOOR LEARNING

Well done to all the children who have their PE kit in school for this half term. Teachers are also getting changed for PE. Every class is accessing PE at least twice a week and we are continuing with the daily mile and lunchtime clubs out on the field. Years 2 and 6 are starting Forest Schools this term so an old pair of trainers/ wellies would be ideal to have in school.

SCHOOL CENSUS DAY – Thursday 17th January. Please sign up for a 'special' treat menu on this day - see the 'Pupils' Choice' menu. The healthier option of jackets and sandwiches will also be on offer! As a school, we receive more funding for every meal ordered. Thank you for supporting Census Day.



CONGRATULATIONS TO OUR GOLDEN STARS

Opal class

Matilda Roberts for being motivated and determined in learning

Jade Class

Wes Gumma for being a great role model at all times

Amber Class

Jacob Ducker for being kind and helpful to others

Topaz Class

Carter Mitchell for determination and great presentation in our new books

Emerald Class

Samuel Bird for polite manners, neat work and careful thinking in all aspects of his work

Sapphire Class

William Trezise for a much-improved approach to his learning showing self-belief

Turquoise Class

Nicole Jenkins for always having high expectations of herself and being determined to reach them

We are very proud of all our children

Thank you – The St Day and Carharrack Team