

PARENT WORKSHOPS

Parenting Service Meet and Greet

Thank you to the families who were able to join us on Friday 31st January for our informal 'Meet and Greet' session with representatives from the Parenting Service. It was a really informative session - we were able to find out the wide range of support the service can offer. Below is a summary of the parenting programmes open for all parents to sign up for - Ms Vallance can help with this by directing you to Rachel, the school's parenting worker. Your child does not need to have a Special Educational Need to access these programmes.

Programme	Age of child	What's it about?
Incredible Years	0-12 months	Child development and learning how to play
Incredible Years	1-3 years	Child development, routines, communication, self-esteem
Incredible Years	3-5 years	Child development, routines, boundaries, consequences and rewards
Incredible Years	6-11 years	As above but relevant to older children
Being Passionate about Parenting	5-12 years	1 day workshop with strategies around routines and boundaries
Take 3	11-16 years	Teenage development
Living with Parents	11-16 years	1 day workshop involving parents and their teenager working together
Passionate about ADHD	5-12 years	Pre-diagnosis and supportive for parents who are considering referring to CAMHS for an assessment
Passionate about ASD	5-12 years	Pre-diagnosis and supportive for parents who are considering referring to the Autism Spectrum Disorder Assessment Team (ASDAT)

Most courses listed above will be starting again after Easter and school should be receiving the dates for those which we'll distribute.

School are keen to host the '**Being Passionate about Parenting**' 1 day workshop at school and a date for this will be out soon hopefully with enough advance notice so that you'll be able to attend. It will start at 09:30 and finish at 14:30 to fit the school day and we thought we could organise a shared lunch for all to enjoy. Please watch out for the date in the forthcoming newsletters.

INTERNET SAFETY – Tuesday 11th February 2020

Please come and join us for a workshop on internet safety at 2.30pm followed by tea and biscuits.

PHONICS WORKSHOP – Wednesday 12th February 2020

Please join us for a phonics workshop 9.10am – 10am