

St Day and Carharrack Primary School

Anti Bullying Statement

The aims of this statement are to:

- ✓ Define the term “bullying”.
- ✓ Prevent bullying happening in our school.
- ✓ Enable us to support those who are the victims of bullying.
- ✓ Enable us to support the “aggressors” in bullying incidents and prevent them from behaving in this way again.
- ✓ Enable us to report and record instances of bullying.
- ✓ Enable us to explore the possible reasons for people being exhibiting behaviour associated with bullying.

We hope to realise these aims by:

- ✓ Investigating every allegation of “bullying” and referring incidents to the Headteacher.
- ✓ Supporting the victims by listening carefully, reassuring and suggesting strategies that we hope will enable them to overcome the negative feelings associated with bullying.
- ✓ Discussing with the “aggressor/s” the reasons for their actions and striving to get them to understand the feelings and hurt they may have caused.
- ✓ Not labelling children as “bullies” but managing the behaviours associated with bullying.
- ✓ Disciplining the “aggressors/s” in line with our “Positive Behaviour Policy”.
- ✓ Helping all children to use successful behavioural strategies to channel their feelings.
- ✓ Developing children’s understanding of “right and wrong” in Circle Time, assemblies, stories, drama, discussions, leading games in the playground, modelling responses etc.
- ✓ Developing children’s self esteem and feelings of value. Encouraging children to report incidents that concern them to members of staff.
- ✓ Involving parents and carers appropriately.
- ✓ Informing Governors of serious incidents classified as bullying.
- ✓ Becoming a Trauma Informed School (TIS) in 2018

Definitions

- ✓ Bullying can occur in every school and in every institution.
- ✓ Bullying is intimidation.
- ✓ Bullying is based on the abuse of power.
- ✓ Bullying is a wilful desire to hurt or threaten another person.
- ✓ Bullying can be carried out by individuals or by groups.
- ✓ Bullying can be repeated often over a period of time.
- ✓ Bullying can involve physical or verbal abuse, name calling, malicious gossip, damaging or stealing property, coercing people into actions against their will and ostracism (leaving a person out or isolating them).
- ✓ When bullying is happening, “it is difficult for those being bullied to defend themselves”
- ✓ Bullying is often characterised by the silent consent of victims and onlookers.

Why does bullying happen?

Research has shown that bullying occurs for a variety of reasons, often associated with very strong emotions. These can include hatred, envy, jealousy, revenge and frustration. Very often the “aggressors” do not understand the consequences of their actions, or the feelings their actions create. People sometimes “bully” others because they do not know it is wrong, or because they are copying the behaviour of other people they admire, or because they have not learned other, better ways of mixing with other people, or because other people encourage them to bully, or because they are going through a difficult time themselves and they are acting out aggressive feelings.

The role of staff

We take all allegations of bullying seriously and follow the procedures set out in this statement and in our Behaviour Policy.

St Day and Carharrack Primary School staff:

- ✓ Are vigilant and deal with allegations of bullying as a priority.
- ✓ Speak to people involved in the incident separately to ascertain details
- ✓ Discuss with all those involved the feelings and implications of bullying, and try to get all parties to understand why bullying is unacceptable to prevent any re-occurrence.
- ✓ Help children to deal with issues related to bullying through discussion/ role-play
- ✓ Support and show we care about all children - including behaviour associated with bullying.
- ✓ Inform other adults in the school about incidents involving bullying types of behaviour.
- ✓ Praise victims of bullying for speaking about the situation and reassure them that the matter will be dealt with sensitively and seriously.
- ✓ Will arrange a meeting with the parents of those involved.
- ✓ Monitor the situation and keep relevant parties informed of developments
- ✓ Serious incidents are shared with Governors through the termly Headteacher's Report.

The role of Parents and Carers

Bullying of any kind is an extremely serious problem, and to be dealt with effectively requires the commitment, support and trust of all those involved to work together to investigate and find possible solutions.

If parents and carers think their child is or has been bullied they should:

- ✓ Calmly talk with their child about their experiences and make a note of what the child says. (What happened, who was involved, where , how often , who else was there etc)
- ✓ Reassure their child that they have done nothing wrong and praise them for talking about the experiences they have had.
- ✓ Explain to their child that they should speak to an adult at school immediately if any more incidents occur.
- ✓ Make an appointment to speak with someone at school to discuss the situation and to work out how we can all best support the child.

If parents and carers become aware that their child is bullying another child they should:

- ✓ Calmly talk to their child and explain that what they are doing is unacceptable and makes other people extremely unhappy.
- ✓ Make an appointment to see someone at school to discuss the situation and to work out how the child can be best supported so that together we can prevent the bullying behaviours
- ✓ Explain and show their child appropriate ways of playing and mixing with other children without displaying the types of behaviour classified as bullying.
- ✓ Give their child lots of praise and encouragement when they are kind to other people.
- ✓ Discuss with other family members to ensure that everyone is aware of the situation and the impact of using aggression or force or other abuses of power to get what they want.

When talking with people from school about bullying type behaviour, we ask parents and carers to:

- ✓ Try and stay calm.
- ✓ Bear in mind that the staff may have no idea that the child is being bullied or may have heard conflicting accounts of the situation.
- ✓ Be as specific as possible about what the child has said has happened, giving dates, places times and names of other people involved.
- ✓ Be assured that the staff at St Day and Carharrack Primary School take such incidents extremely seriously and will work hard to resolve the issues.

If you are concerned about your child being involved in bullying type situations, either as the victim or aggressor, please speak to the Headteacher about a range of web sites and organisations who can support with this very difficult issue. See: <https://www.anti-bullyingalliance.org.uk/>