

## St Day and Carharrack Newsletter

### Self-belief, Determination and Courage

24<sup>th</sup> April 2020 – School closed Issue 3

**Website:** <http://www.st-day.cornwall.sch.uk/website>



**twitter:** <https://twitter.com/stdayschool>

**Headteacher:** Susannah Storey

**email:** [secretary@st-day.cornwall.sch.uk](mailto:secretary@st-day.cornwall.sch.uk)

Dear Families

Thank you for joining our twitter page – we now have 60 followers! We will begin to celebrate learning on our twitter page and share useful links with you. Please only send us pictures if you are happy for them to be posted on our website, newsletter or twitter page. It will be a great way to see many of you each day, bringing cheer to all of us.

Our virtue this week is 'helpfulness' – this is the time when we all need to help each other, ask for help if we need it and have an understanding of each other's different circumstances. I've included a poem at the end which I feel helps us all to remember how very differently we are all experiencing this period of lockdown.

#### **VIRTUE: HELPFULNESS**

**Helpfulness** is being there for others, doing thoughtful things that make a difference. Offer your help without waiting to be asked. Ask for help when you need it. When we help each other, we get more done. We make our lives easier. Evan has already been practising this virtue by teaching his sister phonics so she is ready for September! A super well done, Evan! At this time, it is important to remain hopeful, continue to show **kindness** and be **thankful** for the small things.



I hope this newsletter finds you all well and surviving these very unique times. Please continue with all the creative learning that is clearly happening at home – it is wonderful to receive so many photos and to see so many great skills and projects in action- this is all learning! Please carry on doing this! From the phone calls home this last week, this does seem to be the most challenging time where everyone is probably getting a little restless with the lockdown, bored, feeling anxious or missing friends. It is also the time when the reality of what is going on is beginning to affect many of us and especially if we experience the death of someone close. Please make us aware if your family is going through a difficult time and if you need our help in supporting your children. Staff will be undergoing further bereavement training next week so we can be prepared to support your children's emotional needs. For some families we have already increased the number of phone calls home each week as sometimes a listening ear really helps. If you feel this would support you, please let us know.

The good news is that Cornwall has one of the lowest rates of coronavirus and this is down to all of you doing what you are doing and following the government guidelines in place. Please be patient, and carry on as this is definitely keeping us all safe.

Please look at previous information we have sent, all on the website, about putting a structure and routine in place – now might be the time to do it if you or your children are beginning to

struggle. Again, as we have said before, if the formal learning is becoming too much or stressful to manage – leave it. You will not be judged. It is there to support you not to create more anxiety. Those of us who are teachers with children at home are also faced with similar challenges- it is impossible to replicate the school day! My motto is if they are happy, let them be.

School has remained partially open during this time for a small number of children of key worker families. I would like to thank the staff who are able to support with this and also thank the key worker families who have managed to sort alternative arrangements as this helps us to stick to the social distancing measures. However, if your situation does change, please do not hesitate to get in touch with us. I would also like to publically thank our school staff team who continue to work behind the scenes and adapt to this new way of working. They have displayed our virtue of the week admirably by being there as a listening ear for our families.

*You've got a friend in me...*



*Thank you for all the positive comments we received. We are pleased that you all enjoyed the video so much. It is nice to hear that your children have watched it again and again! Thank you to Katy who waved at every member of staff and told her parents everyone's names! A big well done to Jacob who made his own video back to us! We are busy with our next project for you, so look out next week!*

A special mention to Jacob who has been super busy this last week – not only did he go on a great walk with his family, he also wrote about it - practising his handwriting skills. I can't wait to do this walk Jacob! Thank you for sharing.



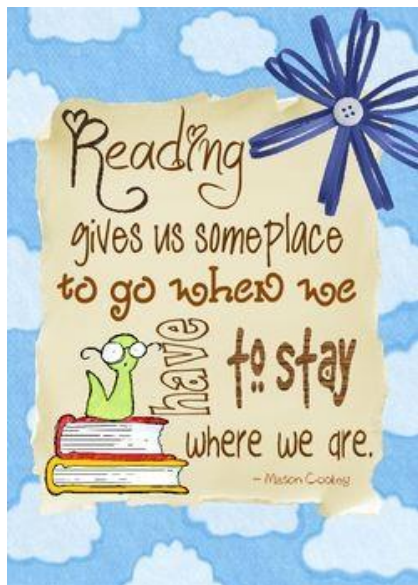
12.4.20  
to our walk to police valley.  
Today I had a family walk and a picnic down at police valley. There were lots of mineshafts and minestacks. We had a nice picnic and walk. With our dog Bill he really enjoyed it.



## FREE SCHOOL MEALS

In this time of changing needs, if your family is entitled to Universal Credit and therefore becomes entitled to Free School Meals – please complete the form online let us know so we can ensure you receive £15 per child per week to use at a supermarket of your choice.

**WEBSITES OF THE WEEK – Supporting Learning – see our website [READING](#) page for free audio books!**



The Oak National Academy launched on Monday 20 April. It will provide 180 video lessons free each week, across a broad range of subjects, for every year group from Reception through to Year 10. It will continue to offer new lessons and resources each week at least until schools are able to re-open. You can visit the Oak National Academy site at: <https://www.thenational.academy> This can be used to complement the class learning being sent home.

## Audible STORIES HELP

**They entertain. They teach. They keep young minds active, alert and engaged.**

For as long as schools are closed, we're open. Right now, kids everywhere can instantly stream an incredible collection of stories, including titles across six different languages, that will help them continue dreaming, learning, and just being kids.

All stories are free to stream on your desktop, laptop, phone or tablet.

Explore the collection, select a title and start listening.

It's that easy.



Please keep up to date with information by following our website and your child's class page. There is some amazing learning happening at home – all the class newsletters are available under each class page – please enjoy! Thank you for supporting your children and us through this time. Establishing routines – to include learning, exercise, household tasks to be 'helpful' and relaxation will help in maintaining your child's wellbeing and your own. Focus only on the things you can control and ask for help if you need it.

Keep well and safe. With best wishes to all our children. Susannah Storey and the St Day and Carharrack Team



## CELEBRATING OUR CHILDREN – HOME LEARNING

Please keep the photos rolling in – it is great to see what you are all getting up to and it cheers us all up! We've seen lots of creative learning and new skills with homemade bird boxes, fire pits, lots of cake making, science and even a biome - hopefully with a video to follow next week! Let's celebrate children being 'helpful' next week. Thank you!

